

# Compassion for Warriors

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## We Need Your Help!



We are looking for **Veterans** to participate in a study about **PTSD and substance use**.

**Eligible participants will receive 8 group therapy sessions of Mindful Self-Compassion. Each group will have approximately 6 - 12 participants.**

**You will help us learn more about helping Veterans who have PTSD and substance use issues. Participants will be paid for their time.**

**Groups will be held virtually via video visits.**

### **ELIGIBLE VETERANS INCLUDE:**

\* PTSD diagnosis \*Current substance use disorder

\*Guilt or shame related to an event(s) that occurred during your military deployment\*

**FOR MORE INFORMATION, PLEASE CONTACT:**

**PROJECT MSC**

**MIMI SEVIN**

PROVIDENCE VA MEDICAL CENTER

401-273-7100 x 16280 OR BY EMAIL: ELIZABETH.SEVIN.VA.GOV