

# CONFIRM

## Colonoscopy versus Fecal Immunochemical Test in Reducing Mortality from Colorectal Cancer

VA Cooperative Studies Program #577

Colorectal cancer is currently the second most common cause of cancer death in the United States. While screening for colorectal cancer is recommended, the best way to screen for colorectal cancer is not clear.



### WHAT IS THE CONFIRM STUDY?

The goal of the CONFIRM study is to help determine the best screening method for reducing death from colorectal cancer. The study will compare two of the most common screening tests: Colonoscopy and Fecal Immunochemical Test (FIT). Participants will be randomized to one of these screening tests.



### WHO CAN PARTICIPATE?

Veterans between the ages of 50 and 75 years old, who are due for colorectal cancer screening, have no symptoms of colorectal disease (such as bleeding or weight loss), and do not have a strong family history of colorectal cancer.



### PARTICIPATION INVOLVES:

#### COLONOSCOPY

Participants in this group will undergo a colonoscopy shortly after enrollment and will receive yearly surveys in the mail.

OR

#### YEARLY STOOL TEST WITH FIT

Participants in this group will complete a single FIT kit yearly and will receive yearly surveys in the mail.



### HOW DO I ENROLL?

If you are interested in participating, please contact the Study Coordinator using the information below.

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