

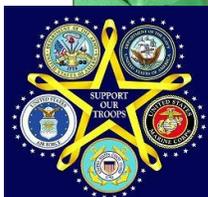


INSIDE THIS ISSUE:

Monday	2
Tuesday	3
Wednesday	4-5
Thursday	6
Friday	7
Orientation Dates	8
Upcoming Events	9
Contact Info	10
VAMC Strip Map	11

Peer Support Case Management (By Appointment)

“This program is designed to guide, support and assist Veterans to advocate for themselves and complete their missions while navigating the various government agencies, services or benefits they may be authorized or qualify for. *Examples of Assistance:* DD 214, Military Service, and Medical Records Request, Finding a Veteran Service Officer (VSO) at the Veterans Benefits Administration Regional Office regarding a Service-Connected Disability Claim; G.I. Bill utilization, Veterans Success on Campus regarding educational benefit, assistance applying for various employment opportunities utilizing online employment applications websites, Digital resume updating and cover letter creation assistance.





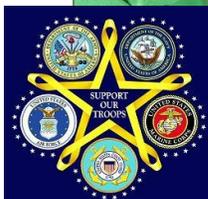
Monday



TIME	GROUP LOCATION	DESCRIPTION
------	----------------	-------------

9:30-10:30am	Building 14 (PTSD)	PTSD Meet –Up
<p><i>Gather for support and companionship from others who are living with PTSD. Get involved ... Your input and participation is valuable. All Veterans are welcome... those that need a little help and those that can give a little help..! Which are you? Drop-in group meets every Monday.</i></p>		
<p><i>Vet 2 Vet Mutual Support Facilitators: Ken Ethier, CRC & Melodie Mathews, CPRS</i></p>		<p><i>Mr.</i></p>

10:00-11:00am	Trailer 33 “Double Trouble Anonymous”	
<p><i>This weekly drop-in group is designed to give encouragement and recovery skills for those with both substance use and mental health concerns. It is geared to meet people wherever they are utilizing a Dual Diagnosis Anonymous 12 Step recovery model. Discovering where they want to go next in there journey.</i></p>		
<p><i>** Please Note Location. On Strip Map pg.10 (Drop In Group)</i></p>		
<p>Certified Peer Support Specialist's: James Buckley & Albin Joiner</p>		



Tuesday



TIME	DESCRIPTION	LOCATION
-------------	--------------------	-----------------

8:00-9:00am	Computer Skills for Employment	Trailer 35
<p><i>This weekly ongoing drop-in groups only requirement is you must have a goal of employment. Topics being covered creation of a professional Email resume builder and cover letter tips, interviewing skills, Creation of a USAJOBS account and tutorial using this federal jobs website, Introduction to other various employment websites{ LinkedIn, Snagajob, Monster, Career Builder, Indeed, Simply Hired. And registering for and attendance at Job fair opportunities in the RI/Southern MA areas</i></p> <p><i>Facilitator : Mel Costa, CPS</i></p>		

11:30am-12:30pm	Self-Advocacy Central	Tr.35 Rm 4
<p><i>This weekly drop-in opportunity is designed to guide, support and teach participants different ways to advocate for the services they might need in there lives. (Drop-In)</i></p> <p><i>Certified Peer Support Specialist: Jim Buckley</i></p>		

7:00pm-8:30pm	“Vet to Vet Support Group”	VFW #1265 160 S. Broad St. Pawcatuck, CT, 06379
<p><i>This weekly Connecticut based group is a present focused support group for Veterans of all eras. Groups provides specific information about the Department of Veterans Affairs and other services available.</i></p> <p><i>(Drop-In)Veteran Facilitator: Mike Whitehead</i></p>		



Wednesday

TIME	GROUP LOCATION	DESCRIPTION
------	----------------	-------------

11:00am-12:30pm

Trailer 36

Vets N Pets

This weekly drop-in Veteran facilitated group is fun, upbeat and chuck full of opportunities to learn some interesting facts that pet owners should know about the behavior and proper care of their animal (s).

*** This year, Vets N Pets is throttling up its program to include participation in several local volunteer programs. Plans are in place to keep Vets N Pets Support Group Members actively involved in these kinds of community programs and activities. Keep in mind that classroom lessons, guest speakers and movies will continue being an important part of the program as well. Interested? Just come to group and see what Vets N Pets is all about.

** Last year, Vets N Pets took part in a program exclusive to Veterans only, on a farm in Scotland, Conn. That experience was so successful that this year, more opportunities like it are being offered. Bristol Animal Shelter has invited Vets N Pets to be part of the volunteer program there. Around the bend are coming additional opportunities to volunteer on 2 local farms.

Vet 2 Vet Facilitator & Veteran Melodie Mathews, CPRS

Vet 2 Vet Mutual Support Peer Facilitator & Veteran Lynne Rheume

“”Special Activities and Date/Times””

March 5th: Vets N Pets begins its volunteer program at the Bristol Animal Shelter. Instead of disrupting our normal Wednesday Vets N Pets Support Group meetings, veterans interested in the volunteer program will be go on the 1st Thursday of each month. This Vets N Pets activity is “open” to any veteran willing to participate in the volunteer program at the shelter. *You are required to fill out and sign an Application Form before volunteering.* Meeting in the PRRC parking lot # 6 at 10:15 to arrive at the shelter by 11:00. Bring a lunch, a beverage and medications if needed.

March 11th: Anyone who is interested in learning how to perform CPR on they're pet is welcome to attend this important group session. You will also learn to become aware of what kinds of medical emergencies require CPR.

March 18th: Vets N Pets is having it's second fundraiser to celebrate St. Patrick's Day. Homemade treats made special for our feline and canine friends and cupcakes for humans are available. We are not able to sell these items but donations would be greatly appreciated. A tiny Penny Social, a display of special coffee blends made especially for veterans, flyers and information pertaining to the Vets N Pets Support Group Program and animal care literature will also be available.



Wednesday (cont.)

TIME	GROUP LOCATION	DESCRIPTION
------	----------------	-------------

12:00-1:00pm	“Bipolar Support Group”	
---------------------	--------------------------------	--

This Bi-weekly Veteran facilitated workshop will provide participants with life lessons, strength and hope living with Bipolar disorders.

******Meets 1st and 3rd Wednesday of each month.**

Group Starts again after 15 April // See Facilitator for new location..

Vet 2 Vet Mutual Support Facilitator: Jay McBride

12:00-1:00pm	“Able not Disabled” Group	
---------------------	----------------------------------	--

"Able not Disabled": "...and hope living with the loss of a limb or wheelchair bound."

This Bi-weekly Veteran facilitated workshop will provide participants with life lessons, strength and hope living with the loss of a limb.

******Meets 2nd and 4th Wednesday of each month**

Group Starts again after 15 April // See Facilitator for new location..

Vet 2 Vet Mutual Support Facilitator: Jay McBride

12:30pm-1:30pm	Trailer 36 Conference Room {PRRC}	
-----------------------	--	--

The Legacy Project U.S. Military History presents: American Civil War

This Drop-in Veteran facilitated workshop will provide participants with an historical overview of the time line and significant events of The American Civil War defined what America would be like in the future. The war tore the country apart and left over 600,000 dead, the most for any American war. The course will examine the causes of the war and the people who ran it. Courage, tenacity and foolishness characterized the conflict. If you plan on visiting the south, knowing your Civil War history will help a great deal. The war for southerners was just yesterday. To understand southern attitudes you have to know about the war. For instance they will tell you that there wasn't a civil war but a "War of Northern Aggression." Come join us in exploring the war and how it changed us as a people and country.

Vet 2 Vet Mutual Support Facilitator Ed Whelan M.Ed. MA. CRC



Thursday



TIME	DESCRIPTION	LOCATION
2:00-3:00pm	Computer Skills for Employment	Trailer 35
	<i>This weekly ongoing drop-in groups only requirement is you must have a goal of employment. Topics being covered creation of a professional Email resume builder and cover letter tips, interviewing skills, Creation of a USAJOBS account and tutorial using this federal jobs website, Introduction to other various employment websites{ LinkedIn, Snagajob, Monster, Career Builder, Indeed, Simply Hired.} And registering for and attendance at Job fair opportunities in the RI/Southern MA areas Facilitator : Mel Costa, CPS</i>	
2:00pm-3:00pm	“Vet to Vet Anxiety Support Group ”	Main Hospital 3rd Floor, Room 383
	<i>This weekly group is designed to guide, support and teach participants different ways of managing their daily anxiety and stress. (Drop-In) Veteran Facilitators: Denise Barchiesi and Bill McCann</i>	
7:00-8:00pm	“ Recovery Life Support”	5th Floor “Main Hospital” Classroom #3
	<i>Vet 2 Vet Mutual Support Group for you to have a good life. This group is designed to help you move forward in your recovery, through achieving your personally identified goals. Life support , can help you connect with others who have "been there, build upon your personal strengths and support you in making the best choices for your personal wellness. Veteran Facilitator: Larry Mitchell</i>	



Friday (cont.)



Winter Bowling

Time: 11:00-2:00pm

Location: AMF Cranston Bowl

*1450 Elmwood Ave Cranston, RJ
(401) 467-8850*

\$2.00 per string / shoes included

Interested.... Drop In & Go.....

*****Free Transportation Provided from the Providence VA Lot# 6 {Round Trip}*

**** Vehicle departs from Trailer. 36 Parking lot 'NLT' 10:45am ****

Coming Soon.. Spring Hurry-Up



PRRC Orientation Dates

March 6th and 20th

From: 9:00-10:00am

Location : PRRC Conference Room

For additional details.

Contact :Mr. Peter Gauthier x 4276 or Ms. Denise Fragoza x 3413

Upcoming Events & Holidays

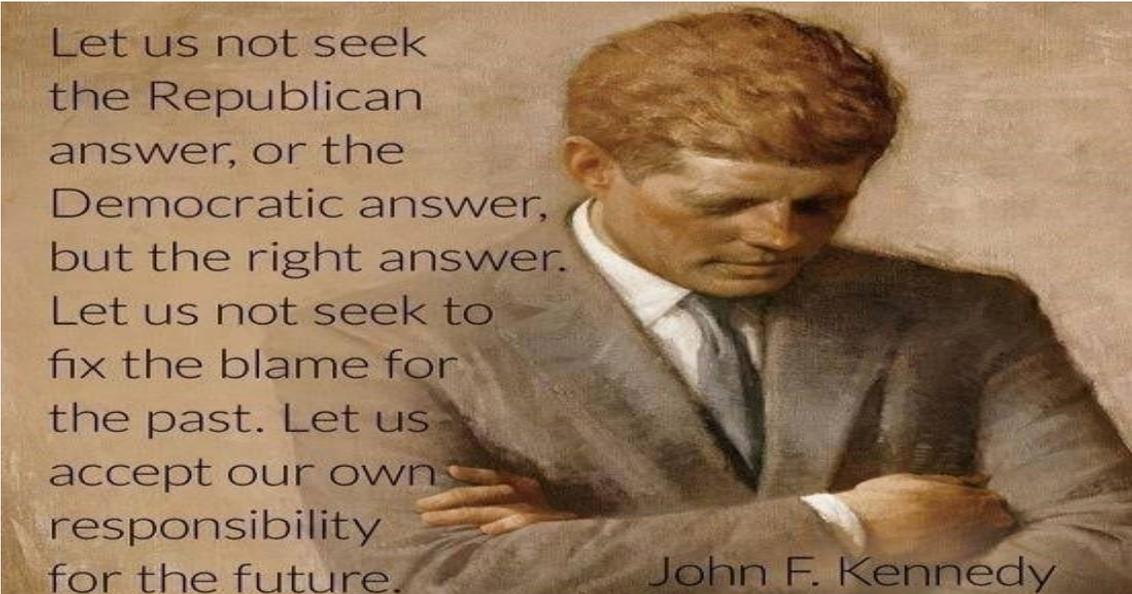
Upcoming Events & Federal Holidays

March 8th "Daylight Savings Time Begins "

17th "St. Patrick's Day "

20th "First Day of Spring"

Let us not seek
the Republican
answer, or the
Democratic answer,
but the right answer.
Let us not seek to
fix the blame for
the past. Let us
accept our own
responsibility
for the future.

A portrait of John F. Kennedy, showing him from the chest up, wearing a suit and tie, looking down and to the right.

John F. Kennedy

Upcoming "Employment" Events

Upcoming Employment Opportunity Events

Dates Times, and Location

(See Flyers and Location Strip Map pages 10-13)



March 5th 10:00-12:00pm



March 10th 11:30am-1:00pm



March 12th 1:30-3:00pm



March 26th 1:30-3:00pm

Employment Event

Providence VAMC-T35

has partnered with

LOWE'S

Veteran Recruitment for

Lowe's

Human Resource Reps from

LOWE'S

Will be at the Providence VAMC-T35

Thursday March 5th, 2015

10:00am – 12:00pm

T35 - Coast Guard Way

Providence VA Medical Center-T35

830 Chalkstone Avenue, Providence RI 02908

The Providence VA Medical Center will be hosting an Information Session & Recruitment for Lowe's. This company has employment opportunities. The event will be in Trailer-35 on the campus of the Providence VAMC; Thursday March, 5th, starting at 10:00am

Veterans: Please come dressed for success with a resume on flash drive and/or go on line in advance and apply with

www.lowes.com/careers

Veterans Must Be Enrolled At The Providence VA Medical Center to attend.

Upcoming Employment

The Providence VAMC-T35	Has partnered with	Human Resource Specialists from The Providence VAMC
-------------------------	--------------------	---

Human Resource Specialist from the **Providence VAMC** will be available on

Tuesday March 10th, 2015
Federal Employment Session
at the Providence VAMC-T35
Starts at 11:30– 1:00PM
T35-Coast Guard Way
Providence VA Medical Center
830 Chalkstone Ave. Providence RI

Human Resource
will discuss current

openings & Special Hiring Authorities
including:

Veterans eligible under the 30% Disabled Veterans.
Veterans eligible under a Veterans' Recruitment Appointment (VRA).
Veterans eligible under the Uniformed Services Employment Opportunities Act (VEOA).
Those eligible under the Employment Program for People with Disabilities.

www.usajobs.gov

Veterans must be enrolled at the PVAMC to attend

Employment Event

Providence VAMC-T35

Has partnered with
Securitas Security Services USA, Inc.

“ Veteran Recruitment for Security Jobs ”

Human Resource Reps from

SECURITAS SECURITY SER-
VICES USA, INC.

Thursday March 12th, 2015

Starts at:

1:30–3:00pm

T35 - Coast Guard Way

Providence VA Medical Center

830 Chalkstone Avenue, Providence RI 02908

The Providence VA Medical Center will be hosting a Recruiting Event for **Securitas Security Services**. This company has employment opportunities that need to be filled by qualified Veterans. The event will be in Trailer-35 on the campus of the Providence VAMC; Thursday March 12th starting at **1:30am**

Veterans: Please come dressed for success with a resume on flash drive and apply on- line in advance at:

www.securitasjobs.com

Veterans Must Be Enrolled At The Providence VA Medical Center to attend.

Employment Event

Providence VAMC-T35

Has partnered with
G4S Secure Solutions (USA) Inc.

“ Veteran Recruitment for Security Jobs ”

Human Resource Reps from

G4S SECURE SOLUTIONS

Thursday March 26th, 2015

Starts at:

11:30–1:00pm

T35 - Coast Guard Way

Providence VA Medical Center

830 Chalkstone Avenue, Providence RI 02908

The Providence VA Medical Center will be hosting a Recruiting Event for G4S Secure Solutions (USA) Inc. This company has employment opportunities that need to be filled by qualified Veterans. The event will be in Trailer-35 on the campus of the Providence VAMC; Thursday March 26th starting at **11:30am**

Veterans: Please come dressed for success with a resume on flash drive and apply on-line in advance at:

www.g4s.com

Veterans Must Be Enrolled At The Providence VA Medical Center to attend.

Contact Information & Office Location

VA Number (Main) 401-273-7100 and Extension
New office location...

- ♦ Mr. James J. Buckley Jr x 3987
Tr. 35 (VRRC) Rm.4
- ♦
- ♦ Ms. Melanie Costa x 3883
Tr. 35 (VRRC) Rm. 9
- ♦
- ♦ Mr. Albin Joiner x 4324
Tr. 35 (VRRC) Rm. 9



2038 Warwick Ave
Warwick, R.I. 02889
(401) 739-0167